

TRADITIONAL ALBANIAN FOOD

From the name itself, trilece is essentially a cake made of three kinds of milk and topped with caramel. It's a delightfully light Albanian dessert that's popular across Europe.

Similar to [tres leches](#), trilece appears as a simple cake, but one bite of its melt-in-the-mouth goodness reveals its mystery. It has a light, airy texture with a creamy and sweet combination due to the eggs, milk, and caramel. If you happen to walk by an Albanian pastry shop in Tirana, then you need to walk in and try this dessert.

While the modern version has many iterations due to the different combinations of milk and dairy products used, the classic version of this sweet dessert is made with goat milk, cow milk, and buffalo milk.



