

The Aswang is a mythical creature in Filipino folklore, often depicted as a shape-shifter that can take the form of various animals or humans. It's commonly portrayed as a monster that preys on humans, particularly targeting pregnant women and their unborn children. The Aswang is said to have a long tongue used to suck the blood of its victims, or sometimes to eat their internal organs. Different regions in the Philippines have variations of the Aswang myth, with some describing it as a vampire-like creature, while others emphasize its ability to fly or move stealthily at night. It's a deeply ingrained part of Filipino culture, often used as a cautionary tale to warn children to behave or to explain mysterious occurrences.